



Dr. Tony Dioguardi graduated magna cum laude from SUNY at Buffalo in 1975. He received his Doctorate of Dental Medicine from UCONN Health Center School of Medicine and Dentistry in 1983, receiving honors in the field of Oral Pathology. He completed his general practice residency at the West Haven V.A. Hospital.

Dr. Dioguardi is a general dentist with extensive training and experience in the management of snoring and obstructive sleep apnea with oral appliances.

Dr. Dioguardi is a Diplomate of the American Board of Dental Sleep Medicine (ABDSM). The ABDSM is the leading national organization of dentists who treat snoring and obstructive sleep apnea with oral appliance therapy, an effective alternative treatment to commonly used CPAP machines. Earning Diplomate status from the ABDSM is a unique honor that recognizes special competency in dental sleep medicine.

As Section Chief- Dental Sleep Medicine of Yale-New Haven Hospital's Department of Dentistry and an active participant with Yale University's Sleep Medicine post-doctorate fellowship program since 2009, he provides clinical and academic instruction in the dental treatment of sleep disordered breathing. He regularly gives lectures to the Yale University Department of Sleep Medicine and the Connecticut State Sleep Conference on the subject of dental sleep medicine.

Dr. Dioguardi has authored several articles on the subject of dental sleep medicine and is on the editorial advisory board of Sleep Review Magazine. He has been named one of the top 100 dentists in CT Magazine and was listed in the TopDentist issue of

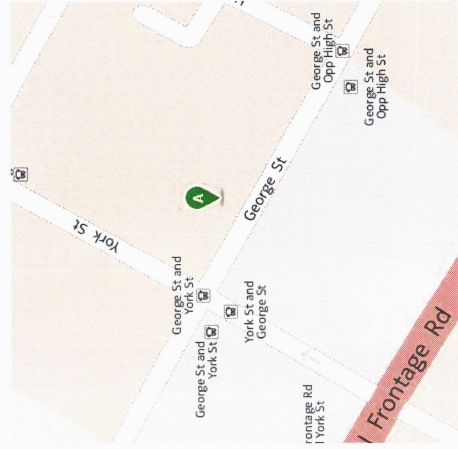
For more information about the American Board of Dental Sleep Medicine, please visit

www.abdsm.org



Our parking garage is located at:
347 George Street
New Haven CT 06511

****Our attended parking garage charges a \$3 fee to park*



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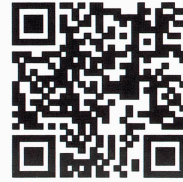


Photo: Dr. Anthony Dioguardi, M.D.

Dental Appliance Therapy for Sleep Apnea and Snoring

Sleep Apnea and Snoring Dental Therapy of CT - an AADSM Accredited Dental Sleep Medicine Facility

Anthony Dioguardi, DMD
 Diplomate of the American Board of Dental Sleep Medicine

Our practice was the first in Connecticut and New York State to receive facility accreditation from the American Academy of Dental Sleep Medicine (AADSM). Accredited facilities represent a small and an elite group of centers around the nation recognized for proficiency, professionalism and procedural excellence regarding the treatment of patients with sleep apnea and sleep-disordered breathing.

The AADSM is the only non-profit national professional society dedicated exclusively to the practice of dental sleep medicine.

In order to become accredited, facilities must meet stringent quality measures outlined in the AADSM's Standards for Accreditation of Dental Sleep Medicine Facilities. These standards detail expectations for the proficiency of a facility's dental director and staff, practice of policies and procedures to oversee the acceptance, documentation and billing of patients; and professionalism of consumer care, follow-up, service and safety.

OUR PHILOSOPHY

In essence, our philosophy is simple-- to treat our patients as we would members of our own family.

We take the time to listen to our patients, always putting their dental and emotional needs first.

Whenever appropriate, we offer several different treatment options of varying complexities and cost.

We know that your time is as important to you as ours is to us, so we make every effort to run on time.

What to Expect at Your

First Appointment

We require that all patients who snore and who have been diagnosed or exhibit symptoms of sleep apnea be evaluated by a physician or sleep disorders specialists before treatment.

There is no fee for the initial consultation for patients that have been examined, tested, and referred for an oral appliance by a sleep physician.

At this visit, we review each patient's history and complete a physical assessment of the head, neck, teeth and throat. The information is correlated with sleep test results, physician's reports and x-rays to accurately assess your condition and treatment options.

We will discuss the nature of your condition, and discuss what to expect from oral appliance therapy along with its potential benefits and risks.

Most importantly, we consider our primary responsibility to inform and educate our patients so that together, we can effectively evaluate the available treatment options.

Should you be a candidate for an oral appliance, we will coordinate your care with the sleep medicine physician, general physician, and dentist to help resolve your sleep disorder.

There is typically a 3-4 month adjustment period after a patient receives an appliance. We work closely with the patient during this time to ensure the comfort and effectiveness of the treatment. The patient then returns to their sleep physician for a re-assessment of their therapy.

Patients are then seen at least once a year to monitor their progress.

Dr. Dioguardi is now in-network with Medicare to provide the sleep apnea appliance as a covered medical service.

Snoring and Sleep Apnea

Dental Appliances

A growing treatment for the sleeping disorder known as sleep apnea is Oral Appliance Therapy. Prescribed by a qualified dentist with experience in sleep disorders, this treatment has been used for years as a successful treatment for snoring and some forms of sleep apnea.

In recent years, oral appliance therapy has grown dramatically in popularity, particularly in the United States, and is seen as a welcome alternative to the positive airway pressure, or PAP treatment.

The Oral Appliance Therapy treatment involves the use of a sleep apnea dental appliance prescribed by the dentist, usually in the form of a specialized mouthpiece. This sleep apnea dental appliance is an easy to use, comfortable device that works painlessly while you sleep. And unlike a CPAP machine, it is silent, and requires no external hardware or electricity.

We guide patients to decide which of the many available appliances would be most comfortable and appropriate for their unique situation.



Is a sleep apnea /snoring dental appliance right for you?

Sleep apnea dental appliances are most commonly used to treat primary snoring and mild to moderate levels obstructive sleep apnea.

However, appliance therapy is also indicated for those with more severe levels of apnea when other therapies have failed. Often, the dental appliance can be used with CPAP machines in order to reduce the air pressure necessary for effective treatment.